

ALLERGIES

BODY SIGNALS – congested, tired, runny nose

WHAT CAUSES THEM? Any food.

DIET – B VITAMINS – PEANUT BUTTER – SOMETHING?

HCL – FOR DIGESTION ... yeast ... ACG Test

FOOD COMBINING – Acid/Alk Wheat vs. Spelt ... High Cu Low Zn

PROTEIN – EGGS? Dairy? – Sends a signal

ANTI-HISTAMINES – can slow healing

TOXINS – pollution, foods

POLLEN – does it really? Wouldn't we all have it?

ALLERGY SHOTS – Recent TV promotion! (Not Working)

Sinus Surgery – temporary (Congested)

TREATMENT – MORE ACID – You read it right! Why?

Subluxation C2, T6, L1

Cataplex ACP, Antronex Thymex Congaplex Agrisept

Colonic Cleansers Cataplex C

Alkaline food versus acid food.....it is about Balance....pH 6.5

Nutritional Microscopy – ACG – Digestion – Bio-Meridian